## Athletes for Life

### **Blood Drive**

Hosted by the Greater Long Island Running Club



Sunday, December 18, 2011
10 am to 4 pm
Melville Marriott1350 Old Walt Whitman Road Melville, NY 11747

# Open to the public. Walk-ins welcome.

Your donation will help to save up to THREE lives. Our community hospitals need your help. Please share this lifesaving gift! Thank you for caring!

#### Eligibility Criteria:

- Bring ID with signature or photo.
- Minimum weight 110 lbs.
- Age 16 75 (16 year olds must have parental permission. Age 76 and over need doctor's note)
- Eat well (low fat) & drink fluids
- No tattoos for past 12 months

For questions concerning medical eligibility call 1-800-688-0900.

# A New York Blood Center

For more information or to schedule an appointment, please contact:

Gina Gelman at (516) 655-2299, or email

ggelman13@aol.com